



# **ULES University of Lincoln Expedition Society**

- 1) The name of the Sports Club shall be **The University of Lincoln Expedition Society** (ULES) herein after referred to as the Sports Club.
- 2) Aims and Objectives

The key aim of the Sports Club shall be to:

- 2.1) Promote responsible navigation, mountaineering and the outdoors, with membership available to students and alumni of the University of Lincoln.
- 2.2) To inspire trekking and hiking enthusiasts, which involves taking groups of members to various domestic and international locations with a focus on mountainous regions.
- 2.3) Build a foundation of skills in our members with regards to navigation, mountaineering and hiking to the extent that we (the committee at time of writing) are enthusiasts and not qualified instructors.
- 2.4) Teach an awareness of basic first aid and survival skills with the help out side experts and organizations where necessary.
- 2.5) Make clear that summiting mountain/hills is an added extra. Whilst we encourage exploration and ambitious targets when walking, meeting these are dependent on the environmental conditions and it is not essential or necessary to reach these targets. Our aim, above all, is to build a skill set and inspire members by introducing them to the various locations as described on trip itineraries (see section (4.4)).
- 2.6) Encourage an advancement of camping, climbing and navigation skills
- 2.7) Prioritize Investment of membership money and self raised funds into equipment, licenses and memberships that are used to benefit the club to enable bigger and better trips.
- 2.8) Encourage a "have fun" attitude on trips whilst ensuring members take away a strong foundation for them to continue hiking, trekking and mountaineering beyond their time at the university club.
- 2.9) Teamwork is essential on all trips, and as such the whole society should work together to become more involved and knowledgeable about trips. We strongly advise against a producer-consumer relationship between the committee and club members.

- 2.10) Ensuring that members are aware that trekking is NOT a race but that it is about appreciating the natural world. Going unnecessarily quickly or using unexplored routes pushes people out of their comfort zone and it is dangerous and irresponsible. Where necessary external qualified guides will be utilized to ensure safety. This need should be decided in discussion of trip plans between the committee and the Students Union, whilst upholding regulation at all times.
- 2.11) Always have at least 1 member with an up to date, valid first aid Qualification on every single trip.
- 2.12) Ensure the committee members are held accountable for each of their respective roles as defined in section (4).

#### 3) The Committee

- 3.1) The committee shall be responsible for the running of the Sports Club and will convene at least monthly on a day outlined at the first committee meeting of an academic year.
- 3.2) The members of the committee shall be as follows:
  - President
  - Vice President
  - Treasurer
  - Social Secretary

#### 4) Duties of Committee Members

- 4.1) The duties of the Sports Club President shall be:
  - Over see the day to day running and be the main point of contact for the Sports Club.
  - Work with the Activities Department to further the Sports Club's aims.
  - Chair Sports Club meetings democratically, ensuring they are conducted properly.
  - Up hold the constitution, policies and regulations of the SU Activities Department.
- 4.2) The duties of the Sports Club Vice President shall be:
  - Deputize for the President and record meetings and communicate this with the SU Activities Department and the membership.

- Up hold the constitution, policies and regulations of the SU Activities Department.
- 4.3) The duties of the Sports Club Treasurer shall be:
  - Monitor and record the accounts of the Sports Club, verify accounts made available by the SU Activities Department and be responsible for ensuring that the Sports Club adhere to the Students' Union financial regulations at all times.
- 4.6) The duties of the Sports Club Social Secretary shall be:
  - Organize weekly socials to bring the members together for team building activities including but not limited to Pub Quizzes, Playzone nights, Bouldering sessions, Bowling nights and Clubbing nights. Trust and friendship between members is essential for the operation of this sports club.
  - Communicate with the members on a regular basis to be their point of contact below more senior committee roles. Ensure this is done via the regular use of social media i.e. updating Facebook page and club website, posting announcements, events and other information as needed.
  - Work with the Fundraising/Publicity officer to put together fundraising activities and promotional materials whilst searching for subscriptions, memberships and deals that might benefit the group as a whole e.g. a BMC membership, YHA membership, Trekking magazine memberships.

#### 5) Meetings

- 5.1) At least one "all members meeting" a year should take place to engage members for feedback and committee scrutiny, ratify the Sports Club Constitution and Development Plan.
- 5.2) It is recommend the Sports Club have regular committee meetings.
- 5.2.1) The Sports Club will have at least 1 fortnightly committee meeting to diccuss progress and trip organization, alongside a weekly "all members invited" meeting to be held on Thursday evenings which will also be the default time slot for socials should there be no official announcements to make.
- 5.2.2) The quorum of the overall society meetings will be 50% of the full membership plus 1.

5.3) Only student, paid members of the Sports Club are permitted to vote at meetings and only those members present are permitted to vote.

#### 6) Additional Information

- 6.1) The committee are appointed overseers and advisors, but let it be known that all members are advised to contribute as much as they can and need to have a keen interest in responsible mountaineering and trekking and to respect the norms, cultures, rules and values of any place or community that is visited.
- 6.2) To uphold structure and safety in line with SU regulation we always advise designing a trip itinerary so it is clear what activities are involved on a particular trip and that all the necessary kit and anything else in known well in advance.
- 6.3) The University of Lincoln Expedition Society may so as it chooses, bestow upon an individual the title of Honorary President as an award of recognition of their merits within the outdoor pursuits.
- 6.3.1) The Honorary President will not hold any power within the society although will merely serve as a promotional figure for events and occasions.
- 6.3.2) The Honorary President will be appointed via a vote of society members and will serve until a date of choosing by both the individual and society.

### 7) The Constitution

- 7.1) New Committees must formally submit the constitution and pass them on to the Activities Office before the 1<sup>st</sup> of July for approved by the Activities Executive and their relevant Committees.
- 7.2) By submitting a constitution all members are required to uphold its aims and objectives.

## 8) Dissolution

Should the Sports Club reach a point where it is no longer able to carry out its mission and as such fold, or not re-affiliate with in one year, all assets and money will revert back to the University of Lincoln Students' Union.